Quotes from people who use our service:

“Excellent service, friendly staff and very helpful”

“Floating support has been a lifeline to me and has helped massively in emotional support, support around my home regarding home maintenance and issues around hoarding”

“Its helping me improve my daily life”

“Floating support has helped me set up a house and helped me to get out and about”

“I have had amazing support from staff which has given me strength to cope with every day living to go out into the community”

“I am getting fantastic support and motivation to help me to go social events in the community meeting new people”

“I look forward to the visits from floating support staff”

“It has helped me to start to overcome my fears of getting out and about, my confidence has grown”

“I feel at home with staff, I feel that I can talk to staff about anything, I look forward to staff calling”

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for further information on Inspire Mental Health…

Western Area Floating Support

90 Tamlaght Road

Omagh

BT78 5BB

Telephone: 028 82 259485
Email: westernfloatingsupport@inspirewellbeing.org
Western Area Floating support is a flexible local mental health service based in Omagh. It assists individuals with mental health needs to access accommodation, successfully manage their home and develop ability to live independently in their community.

Our support staff will encourage, enable and empower you to maintain community links and interests which help you to maintain independence.

The service is provided in your own home and in your local community. It is time-limited support, so we will work closely with you to help you achieve your goals that will allow you to move on with your life. If you need further support at a later date, you can ask to be referred again.

**If I choose to be referred what can I expect from Western Area Floating Support?**

- You will meet with the project manager (if possible along with the person who referred you) to firstly ensure you are eligible for the service and secondly to agree what areas of your life you require support with.
- You will be introduced to the staff member who will meet with you regularly and work with you to achieve your goals.
- If there is a waiting list for our service we will keep in touch and let you know when the service becomes available.
- You can expect a flexible, confidential service provided by trained staff who will respect you and your home.
- You can expect regular reviews to check that we are on the right track, that you are being involved in decisions and that you are receiving the support you need.

**What does Western Area Floating Support expect from me?**

- That you attend all your appointments with us or let us know if you can't attend
- That you will respect yourself and staff and agree to co-operate with any health and safety requirements requested
- That you will work with us to ensure your maximum potential is achieved

**Western Area Floating Support aims to:**

- Help you to set up and maintain your home
- Support to live independently in your own community
- Provide you with support tailored to meet your needs
- Provide advice, advocacy and liaise with other organisations
- Support you to effectively manage your finances
- Provide you with advice and support for personal safety
- Work towards reducing the stigma around help seeking and mental health
- Involve you fully in all aspects of your support planning and delivery

**Referral Criteria**—You must:

- Be aged 18 or over
- Require support with mental health needs
- Live with Omagh District Area
- Require support to maintain your tenancy & independence
- Be willing to engage with the service and the support provided

Referrals to the service are accepted from Northern Ireland Housing Executive and Western Trust Mental Health Services staff.

Unfortunately we cannot accept self-referrals, but if we can locate someone who can assist you, then we will endeavour to do so.

Please note: Western Area Floating Support operates on a part-time basis so if you leave a message we will get back to you at the earliest opportunity.