

Our Finances

Group statement of financial activities (including income and expenditure account) for the year ended 31 March 2016

	Unrestricted funds	Restricted funds	Total funds 2016	Total funds 2015
	£	£	£	£
Incoming resources				
Incoming resources from generated funds				
Voluntary income	215,463	–	215,463	334,480
Activities for generating funds	20,195	19,372	39,567	28,425
Investment income	5,074	–	5,074	14,724
Incoming resources from charitable activities				
	<u>12,656,498</u>	<u>4,705,383</u>	<u>17,361,881</u>	<u>15,084,084</u>
Total incoming resources	<u>12,897,230</u>	<u>4,724,755</u>	<u>17,621,985</u>	<u>15,461,713</u>
Resources expended				
Costs of generating funds	62,495	–	62,495	3,816
Charitable activities	12,757,354	4,715,942	17,473,296	15,974,851
Governance costs	246,201	–	246,201	127,514
Tax	910	–	910	2,678
Total resources expended	<u>13,066,960</u>	<u>4,715,942</u>	<u>17,782,902</u>	<u>16,108,859</u>
Net (outgoing)/incoming resources before transfers	(169,730)	8,813	(160,917)	(647,146)
Transfer between funds	–	–	–	–
Minority interest share of net loss/(profit)	(8,975)	–	(8,975)	345,925
Net (outgoing)/incoming resources before other recognised gains and losses	<u>(178,705)</u>	<u>8,813</u>	<u>(169,892)</u>	<u>(301,221)</u>
Other recognised gains and losses	(1,431)	–	(1,431)	3,317
Net movement in funds	<u>(180,136)</u>	<u>8,813</u>	<u>(171,323)</u>	<u>(297,904)</u>
Total funds brought forward	<u>4,890,553</u>	<u>1,112,735</u>	<u>6,003,288</u>	<u>6,301,192</u>
Total funds carried forward	<u>4,710,417</u>	<u>1,121,548</u>	<u>5,831,965</u>	<u>6,003,288</u>

Niamh (now known as Inspire)
Lombard House 10-20
Lombard Street Belfast, BT1 1RD
T: 028 9032 8474
E: hello@inspirewellbeing.org
W: www.inspirewellbeing.org



Company No: NI025428 Charity No: 103470

coming soon

Niamh Annual Review 2015 - 2016



Mental health and wellbeing for all

Board 2015-2016

Prof. Hugh McKenna –
Chair

Finola O’Kane

William Fitzpatrick

Barbara English

Owen Barr

Maxine Orr

Ivan Carruthers

Bertha McDougall

Paul Devine

Adrian McCreech

Clare Mangan

Stephen Hodkinson

(resigned 18.05.15)

Secretary

Professor Peter McBride

Auditors

Ernst & Young LLP

Senior Team 2015-2016

Professor Peter McBride
(Chief Executive)

Linda Hutchinson

Katherine McDonald

Billy Murphy

Margaret Cameron

Nuala Dalcz

Pauline Flynn

Willie McAllister

An inspirational year...



Our Beacon mental health services received **373** new referrals, with **1448** people being in receipt of Beacon services at 1st April 2016. Its **15** adult mental health and **2** older people day services supported **1029** members and there were **77** new referrals to the floating support service.



There were **1078** new workplace referrals to our EAP Consultants professional services and **259** new student referrals. It delivered **4594** workplace-related and **816** student counselling sessions. Following our counselling, **68%** of employees reported significant impact on their wellbeing.



Our **Change Your Mind** regional anti-stigma campaign funded by Comic Relief and delivered in partnership with the Public Health Agency launched in March 2016.



There were **613** people employed across all parts of Niamh at 31st March 2016. During the year we had **86,852** visitors to our websites and **2680** new likers/followers on our social media accounts and we delivered **409** internal training courses to our staff.



Our Inspire learning disability services accommodated **98** people in **5** scheme locations. Its annual survey showed **96%** of service users were happy with their home and the support they received, whilst **91%** of Next of Kin were happy with the care and support provided to their family member.



There were **5285** new workplace referrals to our Carecall professional services and **1685** new student referrals. It delivered **30,191** workplace-related and **7347** student counselling sessions. There was also **302** workplace-related training courses delivered during 2015-2016 attended by **5052** delegates.

I am delighted to report that 2015-2016 truly has been an inspirational year for our organisation as we continue to make significant steps forward in achieving our vision of mental health and wellbeing for all, not least with the launch of our new regional anti-stigma campaign.

Our **Beacon** mental health services have seen significant growth, particularly in relation to project work providing support services to older people, students, and work in prisons. **Inspire** also continued to grow with the integration of new services at Greenvale/Rossmore

at the end of this financial year. We were also delighted to complete a full integration of our new workplace and student wellbeing partner, **EAP Consultants** with our team in **Carecall**. Together they now cover over 1 million workplace and student ‘lives’ across the island of Ireland and into the UK. My thanks goes to the staff within the various parts of Niamh for such a productive year, not to forget nearly 100 volunteers who add enormous value throughout all parts of our organisation.

Professor Peter McBride, CEO, Niamh (now known as Inspire)

