



# inspire

wellbeing, ability, recovery

Inspire Disability Services support people with learning or intellectual disabilities to live independently in their community.



We provide supported living.

We provide support that helps people to live in their own home and be part of their local community.



We will listen to what people want and need from their support.

We will involve people in making decisions and choices about their support.



We want the people who use our service to be involved in designing and planning the way we do things.

We will listen to what people want and learn from their experiences.



We know there can be a lot of different people involved in a person's life. This might include their family, friends, social workers, or doctors.

We will include and listen to all the people involved to make sure the support is right for each person.



We will encourage people to develop their skills and learn new things.

We will support people to feel confident and proud of what they can do.



We will support people to get involved in things that are important to them. This might include seeing friends or staying active and healthy.

It might be support to take part in religious activities like going to church, or other community events.



If you want to know more about the service contact us by sending an email to [hello@inspirewellbeing.org](mailto:hello@inspirewellbeing.org)