

Inspire (New Directions) Cavan

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Hello and welcome!

A warm welcome to our first newsletter for the year 2019.

The weather is getting warmer and the days are getting longer. At New Directions Cavan we have been busy with indoor activities throughout January and February especially with the unpredictable weather conditions and indeed, we are looking forward to the rest of the year, especially summer time!!

Upcoming Visits

- **Library**
- **Forest Parks**
- **Dublin Zoo**
- **Lough Muckno**
- **Cavan Town Centre**
- **Newgrange Farm**
- **Castle Saunderson**
- **Virginia Town**

RECENT EVENTS AND ACTIVITIES

We have had the pleasure of having a student with us each week since early October and in February Maguritte spent a block of 3 weeks with us. As part of Maguritte's work experience program she had to do an activity with each member. We got some lovely results.



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New Directions Newsletter
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WE MADE SOME LOVELY GIFTS FOR VALENTINES DAY and every one enjoyed the activity immensely. Patrick particularly enjoyed himself as we can see below. A big thank you from all of us at Cavan to Magurrite for her wonderful contribution towards our service during her work placement.

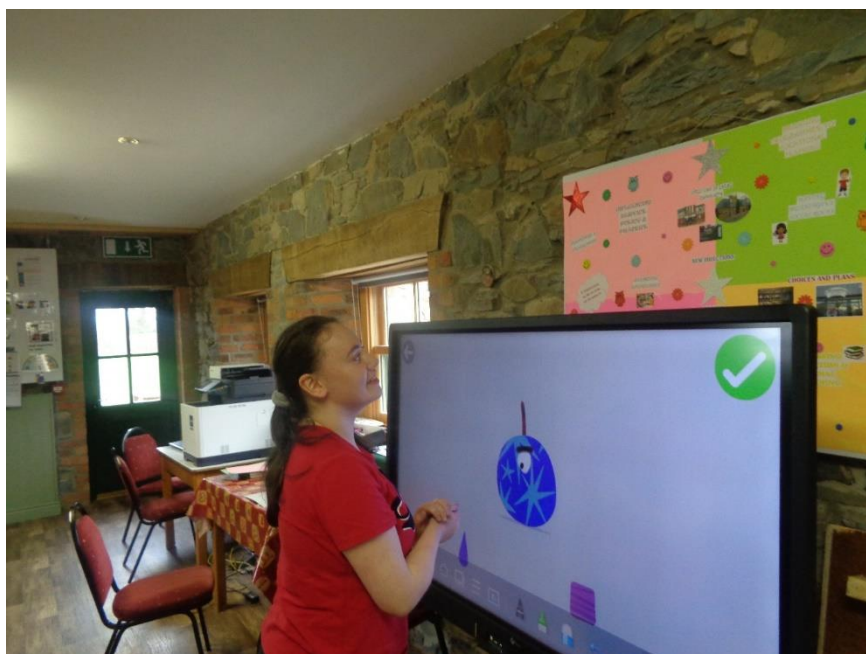


Lorcan enjoys listening to stories from his favourite books while Louise and Kiefer joined Ruth and Magurrite in doing some grooving.



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Lorcan discovered our lovely sensory programme on the interactive television and how it works. While Louise enjoys her challenges on our educational programme. We had great fun with this for the afternoon.



So thank you for reading our newsletter and we look forward to keeping you all up to date in our June issue.